

TF-NUS LEaRN Young Asian Leaders Initiative

Programme Background:

Since the beginning of the pandemic, all in-person exchange programmes have been suspended, and look to stay suspended for the foreseeable future. As the pandemic continues to affect the world and student mobility, NUS and Temasek Foundation want to conduct a virtual programme that will act as an avenue for **local and ASEAN students to interact, have discussions and engage in Internationalisation at Home.**

Having engaged with the top university leaders in ASEAN, it emerged that **a common major concern amongst universities in the region is how to ensure that our students build resilience and are capable of being employed in our new normal.** Thus, this programme will centre on teaching you **how to build resilience** as well as the **necessary skills and mindsets related to finding and securing employment.**

Programme content:

This programme, sponsored by TF and NUS, will be focused on:

- i) Developing **holistic resilience** (physical, mental, social, and emotional), intrapersonal and intercultural skills and understanding
- ii) Preparing you for **the future of work in Asia**
- iii) Interactive discussions for you to **network with peers from the ASEAN region**

Programme requirements:

- Participants must join a programme-related Facebook group for networking purposes
- Participants must submit an experience report of at least 500 words
- Participants must achieve at least 80% attendance

If they fulfil all the above, participants will be given a certificate of completion.

Participant requirements:

(Programme fees are waived for selected participants)

Participants do not have to be from any particular faculty but should ensure that they are able to attend all sessions (details featured below) as far as possible.

Application link:

<https://bit.ly/3x4MPBs>

Programme Details:

Mode of delivery: Online (Zoom)

Application deadline: **Tue, 20 August 2021**

Dates: **September to November 2021**

Schedule:

Session Description	Proposed Dates	Timing(s)
Pre-Programme Session: <i>Identity-forming & context-setting for local cohort</i>	1 st Sept, Wed	2-5pm
Session 1: <i>Deepen self-awareness & development as a leader</i>	6 th Sept, Mon	2-4pm
Session 2: <i>Understand resilience & growth mindset in face of uncertainty</i>	13 th Sept, Mon	9-11am
Session 3: <i>Understand cross-cultural similarities and differences</i>	20 th Sept, Mon	2-4pm
Session 4: <i>Develop awareness of ASEAN culture, identity and values</i>	27 th Sept, Mon	2-4pm
Session 5: <i>Develop awareness of ASEAN economic vibrancy and potential</i>	11 th Oct, Mon	2-4pm
Session 6: <i>Self-organise as a cohort in an Open Space Technology process to explore areas of post-crisis shared social/economic interests</i>	28 th Oct, Thurs	2-6pm
Session 7: <i>Work in small groups to design a presentation of concerns</i>	3 rd Nov, Wed	2-4pm
Session 8: <i>Closing session of presentations to each other and special guests of honour</i>	16 th Nov, Tues	9-11am
Post-Programme Session: Make meaning of their post-programme identity and purpose for local cohort	18 th Nov, Thu	9-11am