KINDNESS CHEER-O-MANIA 2013

# ***Together, we can make someone’s day!***

# **General Competition Guidelines**

1. The competition will be divided into two (2) categories:

|  |  |
| --- | --- |
| **Category** | **Criteria** |
| **Junior** (Ages 7-12) | Open to all students including cheer-dance and dance groups |
| **Senior** (Ages 13 - 26) | Open to all students including cheer-dance and dance groups |

1. Each school/CC can to send a maximum of two (2) teams per category.
2. The number of participants allowed in each team are as follows:

|  |  |  |
| --- | --- | --- |
| **Min. no of participants** | **Max. no of participants** | **Max. no of reserves** |
| 6 | 16 | 4 |

1. All registered teams must compete in the **preliminaries** at United Square Shopping Mall on **13 July 2013, Saturday** (both categories)**.** A detailed performance schedule will be given to teams at a later date.
2. A total of ten (10) teams from the Junior category and eight (8) teams from the Senior School category will be shortlisted to perform at the **finals** at United Square Shopping Mall on **14 July 2013,Sunday.**
3. All participants must be supervised during the period of competition by a qualified director/coach and/or teacher-in-charge.
4. Coaches must require proficiency before skill progression. Coaches must consider the athlete, group, and team skill levels with regard to proper performance level placement.
5. Performance will be stopped immediately at the signal of the judge or the coach should an injury occur during the competition.
6. No stunts and tosses are allowed during the routine. Only simple mounting and stationary formations are allowed. Formations should not be more than two man’s height and participants need to be spotted and assisted during dismount (i.e. no jumping down).

# **Routine Requirements**

1. Each team is to create an original cheer and dance routine following the theme of “**Together, we can make someone’s day”**, e.g.:
* *What small acts of kindness do we witness daily?*
* *How can we show our gratitude to these people?*
1. Teams can use different languages and hand gestures to communicate this theme. However, the cheer should be primarily in English.
2. All participants will perform on safety floor mats measuring **10m x 10m**.
3. Each performance must be within **3 to 5 minutes**. Teams will be penalized if they fail to keep to the time period.
4. Props may be used to support the team’s performance.
* All props must be safely placed out of harm’s way.
* Any uniform piece purposefully removed from the body and used for visual effect will be considered a prop.
* Props with poles or similar support apparatus may not be used when performing any tumbling.
* The use of confetti is strictly not allowed.

Note: Teams that do not adhere to the above rules will be given demerit points

1. Music may be used to accompany the cheer.
* All teams must have their performance music written on a CD.
* All CDs must be clearly labeled with their school/club/team name and placed in a labeled CD sleeve.
* Duplicate CDs must be available at the music table in case of lost or damaged CDs.
* A representative of the team is responsible for the starting and stopping of the music at appropriate times during the routine.
* Music with overtly sexual content, racist or vulgar lyrics is prohibited.

# **General Safety Rules**

1. Participants **must** always practice and perform on an appropriate surface.
2. Proper shoes/dance shoes must be worn during the competition.
3. Jewelry of any kind is not allowed (i.e. ear, nose, tongue, belly button and facial rings, clear plastic jewelry, bracelets, necklaces and pins on uniforms). Jewelry must be removed and may not be taped over. *(Exception: medical ID tags/bracelets, and uniform rhinestones. Rhinestones are allowed if they are part of the costume design but not allowed when adhered to the skin. Temporary tattoos are allowed.)*
4. Participants may wear glasses. Please ensure that glasses are securely fastened with spectacle hooks.
5. Any height increasing apparatus used to propel an athlete is not allowed.
6. Casts that are hard and unyielding or have rough edges must be appropriately covered with a padded material. The appropriately padded material must be such that it protects both the athlete and fellow participants from injury.
7. Required spotters for all skills must be from the team (i.e. during mounting and dismounting)
8. Participants must have at least one foot, hand or body part on the performing surface when the routine begins. *Exception: Participants may have their feet in the hands of base(s) if the base(s) hands are resting on the performing surface.*

# **Code of Conduct**

1. Participants and coaches may not be under the influence of alcohol, narcotics, performance enhancing substances, or over-the-counter medications while participating in a practice or performance that would hinder the ability to supervise or execute a routine safely.
2. Participants and coaches are not allowed the possession and drinking of alcoholic beverages and smoking of tobacco in the presence of spectators, judges and/or other teams while wearing team uniforms, tracksuit and/or jackets representing their team at competition venues.
3. Abusive or profane language is not allowed at all times.
4. Participants and coaches should show respect and be courteous to organizers, event staff, judges, opposing coaches or teachers-in-charge, other participants and spectators.
5. Any participant/coach or team that violates any of the above codes will be disqualified from the competition and be asked to leave the venue.

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# **Judging Criteria**

1. The judging criteria is as follows:

|  |  |  |
| --- | --- | --- |
|  | **Elements** | **Points** |
|  | Relevance to theme, linking it to kindness and graciousness (*Theme must be clearly conveyed)* | 30 |
|  | Cheer *(Clarity, rhythm, loudness, energy level)* | 25 |
|  | Dance (*Choreography and coordination*) | 25 |
|  | Creativity(*Props, costume, interesting routine*) | 20 |
|  |  |  |

2. Judges will score teams based on the criteria above. Please adhere to the theme of **‘Together, we can make someone’s day’** and link it with the values of kindness and graciousness.

3. Teams should keep their cheers simple – focus on key messages and express them clearly through the cheer, dance and props.

4. Judges will be looking out for the strength of the cheer. Participants should cheer loudly with enthusiasm. Even if participants have a good cheer script, if the judges cannot hear the cheers, participants will be penalized.

# **Results and Prizes**

1. The judges’ decision is final.
2. Ten (10) teams from Junior category and eight (8) teams from Senior category will be selected to enter the finals held on **14 July 2013** at United Square Shopping Mall.
3. The prizes for each category are as follow:
* **Gold Award – $2000 cheque, team trophy and individual medal & certificate**
* **Silver Award – $1000 cheque, team trophy and individual medal & certificate**
* **Bronze Award – $500 cheque, team trophy and individual medal & certificate**
* **Merit Award – team plaque and individual medal & certificate**
1. There will be a **Most Helpful Team Award** for the competition. This will be decided by public and other participants voting.
2. This year there will be three other subsidiary awards:
**- Best choreography**

**- Best costume
- Loudest cheer**
Prizes for these awards will be announced later.

# **Register now!**

1. Registration forms are online and must be filled in and submitted before the closing dates. Kindly note that there are two registration forms to complete:

**Registration Form Part I (Team registration):** by **17 May 2013, Friday, 6pm**

Online registration link available online at **kindness.sg/cheeromania**

**Registration Form Part II (Participant details and cheer script) + Agreement Form: by 21 June 2013, Friday, 6pm**

Forms available online at **kindness.sg/cheeromania**

1. Incomplete forms or late submission will not be accepted.

All teams must submit a true copy of the **Agreement Form + Form Part II** by **21 June 2013, Friday, 6pm** via mail to:

Attn: Kindness Cheer-O-Mania 2013

Singapore Kindness Movement

140 Hill Street #05-01

Old Hill Street Police Station

Singapore 179369

5. A briefing for all officers-in-charge/ teachers/ coaches will be held on **late May 2013**. You are strongly encouraged to attend this briefing. Details on the location and time for the briefing will be given when registration closes.

6. For your convenience, a summarized timeline of key activities follows:

|  |  |  |
| --- | --- | --- |
| **Activity** | **Date** | **Action** |
| Registration closes | 17 May | Send Registration Form Part I  |
| Briefing for officers-in-charge | Late May | Details will be given shortly. All officers-in-charge are strongly encouraged to attend |
| Finalise team details and participants | 21 June | Send Registration From Part II |
| Get endorsement of team’s participation from school | 21 June | Send Agreement form (Appendix A) |
| Preliminaries | 13 July | At United Square |
| Finals | 14 July | At United Square |
|  |  |  |